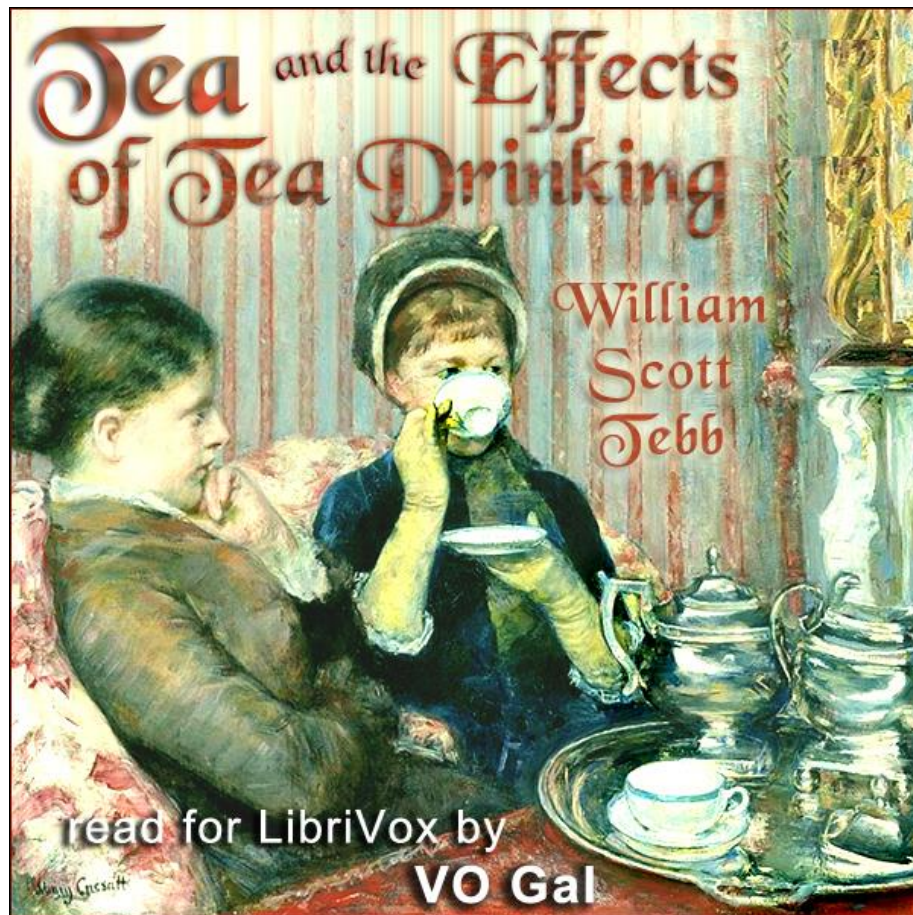


**3-in-1 CD CASE INSERTS (1. FRONT, 2. BACK) and 3. ORIGAMI PAPER CASE, with folding instructions.**

Page 1. **Front cover for CD Jewel Case**, 4.75" x 4.75"

Cut on outer black lines, fold along center line and tuck into front of Jewel Case



## Tea and the Effects of Tea Drinking

[William Scott Tebb](#) (1830 - 1917)

William Scott Tebb gives a history of tea through 1903. He describes the origin, tea plant, harvesting, distribution, popularity and the makeup of tea. Interestingly it was a drink to boost mood. He was commissioned to find the effects of drinking tea and the characteristics of those effects finding it to be a stimulant and noting there was too much tea drinking at the time.

**Genre(s):** \*Non-fiction, Health & Fitness, Science

**Language:** English

**Narrated by:** VO Gal

**Book Coordinator:** VO Gal

**Meta Coordinator:** Christine Rottger

**Proof Listener:** Larry Wilson


**Cover Design:** Michele Fry

**Run Time:** 01:40:55

**File Size:** 47 MB

**Catalog Date:** 2024-04-22

Page 2. **Back of CD Jewel Case.** Cut along outer black lines, fold flaps to fit into sides of case. Disassemble jewel case, slide paper in. Reassemble.

Tea and the Effects of Tea Drinking	<div data-bbox="667 367 1453 417"><h2>Tea and the Effects of Tea Drinking</h2></div> <div data-bbox="877 428 1253 459"><p><u>William Scott Tebb</u> (1830 - 1917)</p></div> <div data-bbox="594 501 1533 719"><p>William Scott Tebb gives a history of tea through 1903. He describes the origin, tea plant, harvesting, distribution, popularity and the makeup of tea. Interestingly it was a drink to boost mood. He was commissioned to find the effects of drinking tea and the characteristics of those effects finding it to be a stimulant and noting there was too much tea drinking at the time.</p></div> <div data-bbox="594 751 1293 823"><p><b>Genre(s):</b> *Non-fiction, Health &amp; Fitness, Science <b>Language:</b> English</p></div> <div data-bbox="594 860 903 896"><p><b>Narrated by:</b> VO Gal</p></div> <div data-bbox="594 933 1123 1188"><p><b>Book Coordinator:</b> VO Gal <b>Meta Coordinator:</b> Christine Rottger <b>Proof Listener:</b> Larry Wilson <b>Cover Design:</b> Michele Fry <b>Run Time:</b> 01:40:55 <b>File Size:</b> 47 MB <b>Catalog Date:</b> 2024-04-22</p></div> <div data-bbox="1318 1125 1577 1235"></div>	Tea and the Effects of Tea Drinking
William Scott Tebb		William Scott Tebb

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You may download this 3-in-1 template [HERE](#)

# Tea and the Effects of Tea Drinking

[William Scott Tebb](#) (1830 - 1917)

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Page 3,

## Origami CD Case

When folded,  
the cover art  
will be right  
side up, and  
these side  
notes won't  
show.



NOTE:  
Easy Folding  
Instructions for  
this Origami CD  
case, including  
step by step  
photos, can be  
found [here](#). Can  
also access from  
the LV Wiki  
page, CD  
Covers.

Print Page 3 on  
regular or 20 lb  
bond paper for  
ease of folding.

**Cover image:** Mary Cassatt's "The Tea", 1879,  
Oil on Canvas, Museum of Fine Arts, Boston, MA  
**Cover design for Librivox by Michele Fry**

